



Relationship Educator  
(2011-2013)

Marriage and Family Research Institute  
University of Central Florida

*Responsibilities include:*

- research and data analysis on issues related to marriage and relationship education
- facilitating psycho-educational workshops utilizing *Within Our Reach* and *Within My Reach* curriculums
- conducting groups in Spanish and English

Counselor  
(2011-2013)

Community Counseling and Research Clinic  
University of Central Florida

*Responsibilities include:*

- Supervision of Practicum students
- Individual and family counseling
- Group Counseling

PRN Therapist  
(2011 -2012)

Central Florida Behavioral Hospital  
Behavioral Hospital

*Responsibilities include:*

- Group therapy with adults, children and adolescents with severe, persistent mental illness and addictive disorders
- Assessment and psychosocial evaluations
- Case management
- Brief individual counseling

Counselor  
(2010 -2011)

Discovery Counseling of Orlando  
Group Practice

*Responsibilities include:*

- Individual, family, and couples counseling
- Specializing in substance use disorders, process addictions, panic disorder, and depression
- Organized workshops for community on substance use disorders and addiction
- Webmaster

Adult Outpatient Counselor  
(2009 -2010; Internship)

Center for Drug Free Living  
Addictions Treatment Program

*Responsibilities include:*

- Addictions counseling with individuals, families, and couples
- Group counseling
- Addiction screening, assessments, and evaluations

## **TEACHING/CURRICULUM DEVELOPMENT**

### Teaching Assignments:

#### University of North Carolina at Charlotte

CSLG-6109: Research in Counseling

CSLG-8100: Advanced Theories of Counseling (Doctoral Level)

CSLG-7435: Internship in Counseling

CSLG-6111: Advanced Counseling Techniques

CSLG-6153: Diagnosis and Treatment in Counseling

CSLG-6000: Topics in Counseling: Couples Counseling

CSLG-8431: Doctoral Practicum in Counseling, Instructor, and Clinical Supervisor

CSLG-6800: Independent Study in Counseling

CSLG-7170: Introduction to Clinical Mental Health Counseling

#### University of Central Florida

MHS 6501: Techniques in Counseling, Instructor

MHS 6500: Group Procedures and Theories of Counseling, Instructor

MHS 6450: Addictions Counseling, Co-instructor

MHS 6803: Practicum in Counseling, Co-instructor, Clinical Supervisor

#### Reformed Theological Seminary: Orlando

2PSY-542: Evaluation and Assessment

2PSY-546: Research & Program Evaluation

### Advising:

10 graduate students in M.A. Counseling Program

11 doctoral students (advisory chair for 3)

Dissertation Committees:

Dissertations Completed, Chair:  
Not Eligible

Dissertations In Progress, Chair:  
Not Eligible

Dissertations Completed, Member:

Isawi, D. (2016). *Trauma and Counselor Self-efficacy* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee member  
*Chair: Dr. Phyllis Post.*

Bloom, Z. D. (2016). *The Influence of Online Dating on Emerging Adults' Level of Empathy, Objectification of Others, and Quality of Romantic Relationships.* (Ph.D in Counselor Education and Supervision, University of Central Florida, Committee member, Chair: Dr. Glenn Lambie & Dr. Dalena Dillman-Taylor

Hymes, A. (2015). *The lived experiences of addiction peer recovery coaches: A qualitative investigation.* (Ph.D. in Counseling, University of North Carolina at Charlotte), committee member. *Chair: Dr. J. R. Culberth.*

Dissertations in Progress, Member:

Harris, C. (2016 – Present). *An exploration of the stress and coping of resident advisors* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee member. *Chair: Dr. Susan Furr*

Pulliam, A. (2016 – present). *An exploration of racial battle fatigue, racial ethnic microaggressions, perceptions of multicultural education, and advocacy orientation for ethnic minority counseling students.* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee member. *Chair: Dr. Sejal Foxx.*

Phipps, C. (2015 – present). *Client-centered play therapy: A single case design.* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee Member. *Chair: Dr. Phyllis Post.*

Kondili, E. (2016 – present). *Evaluating the influence of self-compassion in counselors.* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee member. *Chair: Dr. J. R. Culberth.*

Shearer, L. (2015 – present). *Evaluating the use of EMDR with burn survivors* (Department of counseling Ph.D., University of North Carolina at Charlotte), committee member. *Chair: Dr. J. R. Culberth. Proposal defended.*

Teague-Palmieri, E. (2015 – present). *The impact of gratitude on counselor burnout*. (Department of counseling Ph.D., University of North Carolina at Charlotte), committee Member. *Chair: Dr. Pamela Lassiter*.

Outside Committee Member:

Gong, Z. Y. (2015, Graduated). *Multiscalar modeling of polycentric urban-regional systems: Economic agglomeration, scale dependency, and agent interactions*. (Department of Geography and Urban Regional Analysis), External committee member. *Chair: Dr. Jean-Claude Thill*

Thesis/Research Projects:

Wolf, K. (2015 – 2016). Risky business: the relation between stress reactivity, inhibitory control and risk behavior,. (Department of Psychology B.A., University of North Carolina at Charlotte), Committee member. *Chair: Dr. Sara Levens*

**RESEARCH**

Book Chapters

**Gutierrez, D.** & Czerny, A. (in press). The Transtheoretical Model for Change. In *Theory and Practice of Addictions Counseling*. Thousand Oaks, CA: Sage Publishing.

**Gutierrez, D.** & Teague-Palmieri, E. (2016) Integrated couples counseling. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing

**Gutierrez, D.** & Wachtel, K. A. (2016) Marital therapy groups. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing

**Gutierrez, D.** & Balog, V. (2016) Family Stress. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing

Fox, J., **Gutierrez, D.**, Coffield, J., & Moulder, B. (2015). The human condition. In E. A. Maynard, & J. L. Snodgrass. (Eds.), *Understanding pastoral counseling*. New York, NY: Springer Publishing Company

**Gutierrez, D.**, Mullen, P. R., Griffith, C., and Christmas, C. (2014). Financial wellness. In P. F. Granello (Ed.), *Wellness: A guide for achieving a healthy lifestyle* (pp. 87-99). Upper

Saddle River, NJ: Pearson.

Wood, A., **Gutierrez, D.** Sherrell, S. R., & Griffith, C (2014). American Indians. In Lee, T. K. (Eds.), *Embracing Diversity: Treatment and Care in Addiction Counseling*. San Diego, CA: Cognella.

Articles in Refereed Journals (\* = data-based)

\***Gutierrez, D.**, Fox, J., Jones, K., & Fallon, E. (in press). The Treatment Planning of Experienced Counselors: A Qualitative Examination. *Journal of Counseling and Development*.

\***Gutierrez, D.**, Mullen, P. R. , & Fox J. D. (in press). Exploring emotional intelligence among master's level counseling trainees. *Counselor Education and Supervision*.

\***Gutierrez, D.**, Carlson, R., Daire, A. P., & Young, M.E. (2017). Evaluating Treatment Outcomes using the Integrative Model for Brief Couples Counseling. *The Family Journal*, 25, 5-12. doi:10.1177/1066480716678619.

\*Fox, J., **Gutierrez, D.**, Haas, J., & Durnford, S. (2016). Centering prayer's effects on psycho-spiritual outcomes: A pilot outcome study. *Mental Health, Religion, and Culture*. 19,379-392. doi:10.1080/13674676.2016.1203299

\*Mullen, P. R., & **Gutierrez, D.** (2016). Burnout, Perceived Stress, and Direct Student Services among Professional School Counselors. *The Professional Counselor*. 6,344-359. doi:10.15241/pm.6.4.344

\***Gutierrez, D.**, Barden, S.M., Gonzalez, J., & Ali, S. (2016). Perspectiva Masculina: An Exploration of Intimate Partners of Latina Breast Cancer Survivors. *The Family Journal*. 24, 222-229. doi: 10.1177/1066480716648690

- \*Bloom, Z. D., **Gutierrez, D.**, Lambie, G. W., & Ali, S. (2016). Counselors' comfort with sexuality, attitudes towards pornography, and propensity to assess for issues related to client pornography use. *Journal of Mental Health Counseling*. 38, 327-345. doi: 10.17744/mehc.38.4.04
- \*Barden, S.M., **Gutierrez, D.**, Gonzalez, J., & Ali, S. (2016). Healing faith: A qualitative exploration of Latina breast cancer survivors. *Counseling and Values*. 61, 142-158. doi: 10.1002/cvj.1204
- \***Gutierrez, D.**, Conley, A. H., & Young, M.E. (2016). The Effect of Jyoti Meditation on Student Counselors' Stress and Emotional Intelligence: A Randomized Controlled Trial. *Counselor Education and Supervision*. 55, 109-121.
- \***Gutierrez, D.**, & Mullen, P.R. (2016). Emotional intelligence and the counselor: Examining the contribution of trait emotional intelligence to counselor burnout. *Journal of Mental Health Counseling*. 38, 187-200.
- Teague-Palmieri, E., & **Gutierrez, D.** (2016). Healing Together: Family Therapy Resources and Strategies for Increasing Attachment Security in Individuals Engaging in Non-Suicidal Self-Injury. *The Family Journal*. 24, 157-163. doi: 10.1177/1066480716628629
- \*Bloom, Z. D., **Gutierrez, D.**, & Lambie, G. W. (2016). An Analysis of the Factor Structure and Validity of the Attitudes Towards Erotica Questionnaire with a Sample of Counseling Professionals. *Measurement and Evaluation in Counseling and Development*. doi: 10.1177/0748175616664004
- Gutierrez, D.**, Fox, J. D., & Wood, A. W. (2015). Center, light, and sound: The psychological benefits of three distinct meditation practices. *Counseling and Values*, 60, 234-247. doi: 10.1002/cvj.12016

- \*Fox, J., **Gutierrez, D.**, Haas, J., Briganza, D., & Berger, C. (2015). A phenomenological investigation of centering prayer using conventional content analysis. *Journal of Pastoral Psychology*. 64, 803-825. doi: 10.1007/s11089-015-0657-1
- \*Bloom, Z. D., **Gutierrez, D.**, & Lambie, G. W. (2015). Sexual Opinions Survey: An Exploratory Factor Analysis. *American Journal of Sexuality Education*. 10, 242-260. doi: 10.1080/15546128.2015.1049315
- \*Cruz-Ortega, L. G., **Gutierrez, D.**, & Waite, D. (2015) The role of religious orientation, ethnic identity, and religious coping among bereaved individuals. *Counseling and Values*. 60, 67–83. doi: 10.1002/j.2161-007X.2015.00061.x
- Gutierrez, D.** (2014) A review of Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society (8th Ed.). *The Professional Counselor*. Retrieved from <http://tpcjournal.nbcc.org>
- \*Carlson, R., **Gutierrez, D.**, Hall, K., & Daire, A. (2014). Does the frequency of Speaker-listener technique use influence relationship satisfaction? *Journal for Psychotherapy Integration*. 24, 25-29.
- Gutierrez, D.**, Barden, S.M., & Tobey, M. (2014). Mejorando matrimonios: Relationship education as a vehicle to overcome barriers for Hispanic couples. *The Family Journal*. 22, 148-155.
- Sherrell, R., & **Gutierrez, D.** (2014). Couples and Addiction Three Effective Theories. *The Family Journal*, 22(1), 26-34.
- \*Young, T., **Gutierrez, D.**, & Hagedorn, W. B (2013). Does Motivational Interviewing work with non-addicted clients? *Journal of Counseling and Development*, 91,313-320.
- Gutierrez, D.**, & Hagedorn, W. B. (2013). The toxicity of shame: Applications for acceptance and commitment therapy. *Journal of Mental Health Counseling*, 35, 43-59.



\*Hagedorn, W. B., & **Gutierrez, D.** (2009). Integration versus segregation: Applications of the spiritual competencies in counselor education programs. *Counseling & Values, 54*, 32-47.

Submitted/ under review (\* = data-based)

**Gutierrez, D.**, Forbes, L., & Johnson, S.K. (under review). Physical and psychological predictors of adherence to a mindfulness program for college students. *Journal of American College Health*.

\*Mullen, P. R., **Gutierrez, D.**, & Newhart S. (under review). School Counselors' Emotional Intelligence and its Relationship to Leadership. *Professional School Counselor*.

\***Gutierrez, D.**, Fox, S.P., & Kondili, E. (under review). Investigating the effectiveness of a Motivational interviewing group intervention on academic motivation. *Journal of Counseling and Development*.

\*Forbes, L., **Gutierrez, D.**, & Johnson S. K. (under review). Investigating adherence to an online Introductory mindfulness program. *Mindfulness*.

\*Barden, S.M., **Gutierrez, D.**, Gonzalez, J., & Ali, S. (under review). Calidad de Vida: An Exploratory Investigation of Latina Breast Cancer Survivors and Intimate Partners. *Journal of Health Disparities Research and Practice*.

Surmitis, K., Fox, J., & **Gutierrez, D.** (under review). Meditation and Appropriation. *Counseling and Values*

\*Lassiter, P., **Gutierrez, D.**, Dew, B., & Abrams, L. (under review) Gay and Lesbian parents: An exploration of wellness, sexual identity, and level of outness. *Journal of LGBT issues in counseling*.

\*Culbreth, J.R., **Gutierrez, D.**, Lassiter, P.S., & Kondili, E. (under review). A Qualitative Examination of workplace resources and demands for professional counselors. *Journal*

*of Counseling and Development.*

\*Griffith, C., Lambie, G. W., Barden, S., **Gutierrez, D.**, Mullen, P. R. (Under Review). A group counseling curriculum to reduce suicidality among LGBTQ youth: Results from a randomized controlled trial. *Professional School Counseling.*

## **CONFERENCE PRESENTATIONS**

### International Presentations

**Gutierrez, D., & Young M.E.**(2016, July). Creative Couples Counseling using the Integrative Model of Couples Counseling. Accepted for presentation at Oxford Family Counseling Institute, London, England

**Gutierrez, D.,** (2016, March). ASERVIC Opening Dedication. Invited presentation at American Counseling Association in Montreal, Canada.

### National Presentations

**Gutierrez, D.,** Benitez, E. C., & Cruz-Ortega, L. G. (2017, March). *Latino Mental Health* Program accepted for presentation at the American Counseling Association, San Francisco, CA.

**Gutierrez, D., & Young, M.E.** (2016, October)., *Teaching Treatment: Using the REPLAN model to teach treatment planning.* Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.

**Gutierrez, D.,** Mullen, P.R., & Fox, J. (2016, October)., *The Emotionally Intelligent Counselor: Increasing Resiliency by Increasing Emotional Intelligence.* Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.

Barden, S., **Gutierrez, D.,** & Pulliam, A. (2016, October)., *Relational resilience for Latina cancer survivors and their intimate partners.* Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.

- Gutierrez, D.,** Merrill, E., & Fox, J. (2016, February) *Meditation and Counseling: Integrating evidence-based meditation strategies into counseling*. Invited presentation at the University of South Carolina Counseling Conference, Columbia, SC.
- Gutierrez, D.,** Conley, A., & Young, M.E. (2015, October)., *The Effect of Jyoti Meditation on Student Counselors' Stress: Exploring the Role of Emotional Intelligence Program* presented at the Association for Counselor Education and Supervision, Philadelphia, PA.
- Mullen, P., **Gutierrez, D.,** & Fox, J.D. (2015, October)., *Counselor Trainees' Level of Emotional Intelligence, Empathy, and Perceived Stress: Findings from an Exploratory Research Investigation conducted at Multiple Counselor Education Programs*. Program presented the Association for Counselor Education and Supervision, Philadelphia, PA.
- Bloom, J., **Gutierrez, D.,** & Ali, S. (2015, October)., *Psychometric properties of the Attitudes Towards Erotica Questionnaire and the Sexual Opinion Survey with a Sample of Counseling Professionals*. Program presented the Association for Counselor Education and Supervision, Philadelphia, PA.
- Gutierrez, D.,** & Fox, J. D. (2015, September) *The Psychological Benefits of Meditation: A Review of Three Distinct Forms*. Accepted for presentation at the European-Branch of the American Counseling Association in Naples, Italy. Presented by Jesse Fox.
- Gutierrez, D.,** Fallon, E., & Jones, K. (2015, September) *The Treatment Planning methods of expert counselors*. Presented at the Association for Assessment and Research in Counseling., Memphis, TN.
- Griffith, C., & **Gutierrez, D.** (2015, September) *Randomized Controlled Trials on a shoestring budget*. Presented at the Association for Assessment and Research in Counseling., Memphis, TN.

- Young, M.E., & **Gutierrez, D.** (2015, March) *Creative couples counseling: Using the Integrative Model*. Pre-conference Learning Institute presented at the American Counseling Association (ACA) national conference, Orlando, Florida.
- Barden, S. M., **Gutierrez, D.**, Gonzalez, J., & Ali, S. (2015, March). *Understanding the influence of breast cancer on Latina couples: A consensual qualitative research design*. Program presented at the American Counseling Association National Conference in Orlando, FL.
- Gutierrez, D.**, & Barden, S.M. (2014, October)., *Cancer-related fatigue: What can counselor educators do?* Program presented at the Southern Association for Counselor Education Bi-annual conference, Birmingham, AL.
- Gonzalez, J., Barden, S., & **Gutierrez, D.** (2014, October). *Existential Counseling as a Vehicle to Support Latina Breast Cancer Survivors*. Presented at Southern Association for Counseling Education, Birmingham, AL.
- Haas, J., Fox, J., & **Gutierrez, D.** (2014, October). *Infusing prayer and meditation into counselor pedagogy*. Presented at the Southern Association for Counselor Education and Supervision (SACES), Birmingham, AL.
- Haas, J., Fox, J., & **Gutierrez, D.** (2014, October). *Developing and sustaining research groups..* Presented at the Southern Association for Counselor Education and Supervision (SACES), Birmingham, AL.
- Gutierrez, D.**, & Conley, A. (2014, September)., *How can growth curve modeling help counseling researchers?* Program presented the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.

**Gutierrez, D.,** & Fox, J. D. (2014, September)., *Meditation and Counseling: What Does the Research Say?* Program presented the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.

**Gutierrez, D.,** Gonzalez, J. & Barden, S. M. (2014, September)., *Understanding the Influence of Breast Cancer on Latina Couples: A Dyadic Qualitative Research Design.* Program accepted for presentation at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.

**Gutierrez, D.,** Lamb, C., Mullen, P., & Fox, J. (2013,October). *A phenomenological investigation of men choosing counseling as a career.* Program presented at the Association for Counselor Education and Supervision Biennial Conference, Denver, Co.

**Gutierrez, D.,** Hutchinson, T., & Young, M. E. (2013,October). *The impact of experiential activities in the multicultural counseling classroom.* Program presented at the Association for Counselor Education and Supervision Biennial Conference, Denver, Co.

Young, M., **Gutierrez, D.,** & Conley, A. (2013, March). *Meditation and emotional regulation.* Invited program presented at the American Counseling Association (ACA) national conference, Cincinnati, Ohio.

Christmas, C., Fox, J., & **Gutierrez, D.** (2012, June). *SPARC groups: A model for integrating group work and spirituality.* Program presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Biennial Conference, Santa Fe. NM.

Fox, J., Christmas, C., **Gutierrez, D.,** & Petko., J. (2012, June). *Understanding the Christian client's journey through the dark night of the soul.* Paper presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Biennial Conference, Santa Fe. NM.

Hagedorn, W. B., **Gutierrez, D.**, Fox, J., & Christmas, C. (2012, June). *On the road to self-and-other forgiveness: Navigating clients' extreme levels of shame and guilt*. Program presented at the Association for Spiritual Ethical and Religious Values in Counseling Biennial Conference, Santa Fe, NM

**Gutierrez, D.**, Butler, S. K., & Young, M. E (2012, March). *Examining the experience: An investigation of the students' perceptions of their multicultural training*, Invited paper presented at the American Counseling Association National Conference, San Francisco , CA.

**Gutierrez, D.**, Fox, J., & Bell, H. (2012, March). *On the road to self-and-other forgiveness: Navigating clients' extreme levels of shame and guilt*. Program presented at American Counseling Association National Conference, San Francisco, CA.

Mullen, P. & **Gutierrez, D.** (March, 2009). *Career Counseling Activities for career exploration and development*. Poster presented at the national conference of the American Counseling Association, Charlotte, NC.

#### State/Regional Presentations

**Gutierrez, D.**, & Benitez, C. E., (2016, October). *Latino Mental Health*. Presented at the University of North Carolina at Charlotte Multicultural Conference, Charlotte, NC.

**Gutierrez, D.**, & Teague-Pamieri, E. (2015, February). *Mejorando Matrimonios: Strategies for working with Hispanic couples*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC.

Mullen, P., & **Gutierrez, D.** (2015, February). *Contributions of Emotional Intelligence on Student Counselors*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC.

Mullen, P., & **Gutierrez, D.** (2015, February). *School Counselors' Application of Motivational Interviewing with Unmotivated and Academically Disengaged Students*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC..

Crafter, T., Cresswell, T. N., **Gutierrez, D.**, Wood, A., & Fox, J. (2014, March) *Meditation for emotional wellness*. Invited presentation at the University of Central Florida Counseling Conference, Orlando, Florida.

**Gutierrez, D.**, Fox, J., & Wood, A. (2012, October). *Center points: Using meditation in counseling*. Presented at the Florida Counseling Association (FCA) annual conference, Tampa, FL.

Munyon, M., Dressler, S., Christmas, C., **Gutierrez, D.**, Fox, J., (2012, February). *How do client's beliefs influence world view and psychological functioning?* Program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

**Gutierrez, D.**, & Hagedorn, W. B. (2011, October). *Where are you? Utilizing mindfulness techniques with clients struggling with excessive guilt and shame*. Paper presented at Florida Counseling Association Conference, Orlando, FL.

Fox, J., Christmas, C., **Gutierrez, D.**, & Munyon, M. (2011, October). *Mastering the spiritual competencies: Spiritual paths of growth*. Program presented at the Florida Counseling Association Annual Convention, Orlando FL.

Munyon, M., Dressler, S., **Gutierrez, D.** (2011, February). *Applications of spirituality research into clinical practice*. Program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

**Gutierrez, D.**, & Hagedorn, W. B. (2010, October). *Revising the spiritual competencies*. Roundtable presented at Florida Counseling Association Conference, Miami, FL.

**Gutierrez, D.**, Mullen, P. & Molina, R., (2009, November). *Integration versus segregation:*

*Applications of the spiritual competencies in counselor education programs.* Paper presented at Florida Counseling Association Conference, Miami, FL.

Mullen, P. & **Gutierrez, D.** (November, 2009). *The world through the eyes of an angry adolescent: An exploratory presentation on ego development and its relationship with angry or violent clients.* Program presented at Florida Counseling Association Conference, Miami, FL.

**Gutierrez, D.** (2008, July). *Spiritual competencies in counselor education.* Paper presented at the University of Central Florida Mentor Fellowship program Orlando, FL.

## GRANTS AND CONTRACTS

### National Grants

DeHaven, M., **Gutierrez, D.**, Coffman, M., Multiple Principal Investigators, Shaoyu, Li, Co-Investigator. *Improving Diabetes Control, Mental Health, and Self-Efficacy Among Latino Adults with Diabetes*, R15, \$437,600, National Institutes of Health, National Institute on Minority Health and Health Disparities.  
Under review: October 25, 2016

**Gutierrez, D.**, Principal Investigator., & Shaoyu, L., Carson, R.G., Barden, S., Co-Investigators *Fortaleciendo Familias: Marriage Enrichment for Latinos*. R15, \$462,292, National Institutes of Health, National Institute on Minority Health and Health Disparities.  
Under review: June 25, 2016, Not funded

**Gutierrez, D.**, Principal Investigator., & Mullen, P. R., & Fox, J., Co-investigators. *An Exploratory Investigation Examining the Relationship Between Counseling Trainees' Levels of Emotional Intelligence, Empathy, and Stress*, Association for Counselor Education and Supervision Research Grant, \$533, Awarded October, 2014.

Southern Association for Counselor Education and Supervision Research Award, \$500, Awarded February 2014.

Association for Spiritual, Ethical, Religious, Values in Counseling Research Award, \$500, Awarded March, 2013.

### University Faculty Development Grants

**Gutierrez, D.**, Principal Investigator., & DeHaven, M., Suculpe, R., Co-investigators. *Latino*



*Mental Health: Problems and solutions*, Chancellor's Diversity Grant, \$4,500, May, 2016.

**Gutierrez, D.**, Principal Investigator., & Foxx, S. P., Co-investigators. *The Effectiveness of a Motivational Enhancement Group on Academic Engagement*, Faculty research grant, \$14,000, Awarded March, 2015.

**Gutierrez, D.** Principal Investigator. DeHaven, M. J., Co-investigator. *Marriage enrichment and dyadic coping in Latino couples experiencing chronic stress*. Social Science Research Mentoring Funded program to support NIH grant proposal, \$2000 and up to 1% of funded award.

## **SERVICE/ OUTREACH/ ENGAGEMENT**

### Service to the University and College

**Academy of Research and Community Health Engagement and Service (ARCHES)**  
*Steering Committee Member* (2014 – present)  
University of North Carolina at Charlotte

**Engagement Council, Member** (2016-2019)  
University of North Carolina at Charlotte, College of Education

**Diversity Award Committee, Member** (2015, 2016)  
University of North Carolina at Charlotte, College of Education

**Internationalization Committee, Member** (2014 – 2016)  
University of North Carolina at Charlotte, College of Education

### Service to the Department

**Chi Sigma Iota, Mu Tau Beta, Faculty Adviser** (2014 – present)  
International Counseling Honor Society  
University of North Carolina at Charlotte, Department of Counseling

**Community Counseling Clinic Task Force, Member** (2014 – 2015)  
University of North Carolina at Charlotte, Department of Counseling

**Advanced Techniques Task Force, Member** (2014 – 2015)  
University of North Carolina at Charlotte, Department of Counseling

**Faculty Search Committee, Member** (*CMHC/Addictions Position*)  
University of North Carolina at Charlotte, Department of Counseling

**Doctoral Committee, Member** (2014 – present)  
University of North Carolina at Charlotte, Department of Counseling

**MA Scholarship Committee, Member** (2014 – present)

University of North Carolina at Charlotte, Department of Counseling

Service to the Profession

Editorial Board Experience:

<b>Editorial Board Member, <i>Journal of Counseling and Development</i></b>	2015-2018
<b>Editorial Board Member, <i>Counseling, and Values</i></b>	2014-2019
<b>Editorial Board Member, <i>Journal of Family Psychology</i></b>	2015 -2017
<b>Ad-hoc Reviewer, <i>Plos ONE</i></b>	2016
<b>Editorial Board Member, <i>Counseling Outcome Research and Evaluation</i></b>	2015-2018
<b>Ad-hoc Reviewer, <i>Sage Open</i></b>	2014

National Professional Leadership Positions:

<b>2018 Conference Planning Committee, Co-Chair</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2017 - 2018
<b>2017 Conference Program Committee, Chair</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2016-2017
<b>2017 Conference Marketing Committee, Co-Chair</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2016 - 2017
<b>Governing Documents Committee, Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2016 - 2017
<b>Journal Editor Search Committee, Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015
<b>Conference Planning Committee, Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015-2017
<b>Conference Proposal Selection Committee, Member</b> American Counseling Association Conference	2013, 2015
<b>Executive Board Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015 - 2017
<b>Co- Chair, Graduate Student Committee</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2013 - 2014
<b>Chair, Technology Committee</b>	2011 – 2016

*Association of Spiritual, Ethical, & Religious Values in Counseling*

**Audio/Visual coordinator** 2012  
*ASERVIC National Conference on Spirituality*

**Cutting Edge Techniques Committee, Member** 2011-2014  
*International Association of Addiction and Offender Counseling*

**Conference Proposal Selection Committee, Member** 2012  
*ASERVIC National Conference on Spirituality*

Service to the Community and Practitioners

**Conference Proposal Selection Committee, Member** 2012  
*Fifth Annual University of Central Florida Counseling Conference*

**Member at Large** 2011-2014  
*Florida Association for Spiritual, Ethical, Religious Values in Counseling*  
*A division of the Florida Counseling Association*

**Webmaster** 2009-2011  
*Florida Association for Spiritual, Ethical, Religious Values in Counseling*  
*A division of the Florida Counseling Association*

**Secretary and Treasurer** 2009-2011  
*Florida Association for Spiritual, Ethical, Religious Values in Counseling*  
*A division of the Florida Counseling Association*

Local Presentations

**Gutierrez, D.** (2016) *Opiate Addiction 101: Evidence-Based practices in the opiate addiction counseling*. Invited presentation at the Dr. Jonnie H. McLeod Institute on Substance Abuse, Charlotte, NC

**Gutierrez, D.** (2015) *Counseling Sex Addicted Couples*. Invited presentation at the Dr. Jonnie H. McLeod Institute on Substance Abuse, Charlotte, NC

**Gutierrez, D.** (2015, August) *Meditation for emotional wellness*. Invited national webinar, Cenpatico Inc.

**Gutierrez, D., & Teague-Pamieri, E.** (2014, October). *Mejorando Matrimonios: Strategies for working with Hispanic couples*. Invited presentation at the UNC, Charlotte Multicultural

Conference, Charlotte, NC

Farrell, T., **Gutierrez, D.**, & Hagedorn, W.B. (2013, September) Mindfulness for a healthy workplace. Invited presentation at the Neighborhood Center for Families Conference, Orlando, Florida.

**Gutierrez, D.**, & Mullen, P. R., (2013, May). *Resistance in schools*. Invited workshop presented at Florida Literacy Coaches Conference, Orlando, Fl.

Sherrell, R. S., **Gutierrez, D.**, Windt, A., & Wood, A. (2012). Counseling addicted couples. Florida Counseling Association Conference, Tampa, FL.

**Gutierrez, D.**, Mullen, P., Sherrell, R., Lamb, C., (2012, February). *PowerPoint's, posters , and pointers: A guide to submitting and delivering professional presentations*. Invited program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

Hagedorn, W. B., **Gutierrez, D.**, Petko, J., Christmas, C., & Fox, J. (2010, September). *Choosing your path: The pathway into and out from addiction*. Invited seminar presented at the Seminole Behavioral Health Center, Sanford, Florida.

**Gutierrez, D.**, & Hunt, J. (2009, October). *Photography group: An experiential group experience*. Invited program presented at the Center For Drug-Free Living, Orlando, FL.

**Gutierrez, D.**, & Butler, S. K. (2009, September). *Advancing the conversation: The state of multicultural education at the University of Central Florida*. Invited video presentation at UCF National Association of Multicultural Education Conference. Orlando, FL.

## **HONORS AND AWARDS**

- Sister Mary Thomas Burke/ Stephanie Rauch Faculty Fellowship, University of North Carolina at Charlotte, Department of Counseling (2015)
- Biggs-Pine Award for Outstanding Scholarly contribution to Counseling & Values (2015)
- Outstanding Doctoral Student Award, Southern Association for Counselor Education and Supervision (2013)

- Holmes Scholar
- Biggs-Pine Award for Outstanding Scholarly contribution to Counseling & Values (2010)
- Dean's Fellowship (2012-2014)
- UCF Mentoring Fellowship (2007)

### **PROFESSIONAL MEMBERSHIPS**

Member of the American Counseling Association

Member of Association for Counselor Education and Supervision

Member of Southern Association for Counselor Education and Supervision

Member of North Carolina Counseling Association

Member of Association for Spiritual Ethical And Religious Values in Counseling

### Specialized Research Related Trainings

Latent Growth Curve Modeling Training – Curran-Bauer Analytics, Chapel Hill, NC

National Institutes of Health – Regional Seminar, Baltimore, MD

Structural Equation Modeling using MPlus – Project Mosaic, Charlotte NC

Multilevel Analysis

Latent Variable Modeling

### Advanced Clinical Training

Diagnosis and treatment of addictions

Foundations for Disaster Mental Health

Psychodrama

Motivational Interviewing

### Research Software Experience

SPSS

SAS

LISREL

MPLUS

### Additional Technological Proficiency

Interactive White Boards (e.g., SMART board, Promethean boards)

Online learning platforms – CANVAS and Moodle2

Professional Editing Software (e.g., Final Cut Pro, After Effects, Premiere, Motion)

Web Design Software and Coding (e.g., Dreamweaver, Wordpress, PHP, SQL, HTML)

Print Design Software (e.g., Adobe InDesign, Photoshop, Illustrator)

Presentation Software (e.g., PowerPoint, Keynote)

Windows, Linux, and Unix)