

CURRICULUM VITA
Katie A. Wachtel, PhD., CRC, LPC
Assistant Professor
Department of Counseling
University of North Carolina at Charlotte

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EDUCATION:

- May 2015* **Doctor of Philosophy, Counseling and Educational Development**, The University of North Carolina at Greensboro (CACREP Accredited)
Minor: Human Development and Family Studies
Dissertation Topic: *The Power of Perception: An Exploration of the Relationship Between Perceptions of Parenting Behaviors and Substance Abuse in Transition-Aged Youth Through an Adlerian Lens*
- May 2010* **Master's of Rehabilitation Counseling**, Bowling Green State University (CORE Accredited)
- Dec. 2007* **Bachelor of Arts, Psychology**, Bowling Green State University, *magna cum laude*
Minor: Spanish (spoken fluently)

CERTIFICATIONS AND LICENSURES:

Licensed Professional Counselor (PC), State of Ohio Counselor, Social Worker, and Marriage & Family Therapist Board (C.0900502)
Licensed Professional Counselor (LPC), North Carolina Board of Licensed Professional Counselors (#9978)
Certified Rehabilitation Counselor (CRC), Commission on Rehabilitation Counselor Certification (#0011323)

ADDITIONAL QUALIFICATIONS:

Parent-Child Interaction Therapy
Trauma-Focused Cognitive Behavioral Therapy
Motivational Interviewing-MINT trained

CURRENT POSITIONS:

Aug 2015-Present **Assistant Professor, Department of Counseling**, University of North Carolina at Charlotte
Teach master's level courses in counseling:

- CSLG 6101 Ethics and Professional Issues in Counseling
- CSLG 7435 Internship in Counseling

RESEARCH EXPERIENCE:

Fall 2014-
Spring 2015

Principal Investigator, The University of North Carolina at Greensboro:
Developed a research study for doctoral dissertation examining the relationships between parental pampering, inferiority feelings, and substance abuse in first-year college students. Currently, in the process of collecting and analyzing data for the study using structural equation modeling.

Fall 2013-
Spring 2015

Graduate Assistant, The Institute to Promote Athlete Health and Wellness, The University of North Carolina at Greensboro:
Developed a workbook to accompany an online alcohol and drug education program for student and professional athletes who violate team alcohol and drug policies, conducted focus groups for NCAA student-athletes regarding concussion and sexual assault protocols for student-athletes on campus, provided education, consultation, and assistance on ongoing research projects concerning athlete wellness, specifically surrounding substance related issues, conducted interviews to gather data to assist the National Collegiate Athletic Association (NCAA) in developing effective continuing education programs and online training programs for college coaches and athletic personnel, facilitated development of standardized protocols for student-athlete counseling services according to University and athletic policies, created a job description for future counseling graduate assistants, and assisted in writing a grant for emerging issues related to increasing parental involvement in local schools.

Fall 2012-
Spring 2013

Research Apprentice, The University of North Carolina at Greensboro:
Assisted in developing and conducting a study related to College Students and Hypersexual Behavior, drafted a manuscript for Hypersexuality study, researched information on alcohol and opiate abuse for use in a book chapter, analyzed data on alumni feedback to better understand strengths and weaknesses of the Department of Counseling and Educational Development at The University of North Carolina at Greensboro.

Fall 2009-
Spring 2010

Graduate Research Assistant, Bowling Green State University:
Assisted in the CORE re-accreditation process.

Fall 2006

Principal Investigator, *Differences in Perception of Continuous and Discrete Changes in Size*: Student conducted study examining individuals' perception of size. Study conducted as part of a research graduation requirement for the Sensation and Perception class in the Psychology Department.

Fall 2005- **Undergraduate Research Assistant**, *New Arrivals: Passage to Parenthood Study (NAPPS)*, Bowling Green State University:
Assisted in data collection and input for a study being conducted in the psychology department examining the impact of spirituality on first time parents.

ADDITIONAL TEACHING EXPERIENCE:

Fall 2014 **Instructor**, CED 642 Substance Abuse Counseling (Master's level), The University of North Carolina at Greensboro:
Teach a classroom of Master's level counseling students the basic principles, theories, and Evidenced-Based practices of providing substance abuse counseling. Utilize a tell-show-do method of instruction including lectures, in class discussions and activities, and an experiential practicum to foster increased empathy for working with substance abuse populations. Provide students with a basic understanding of the physiological, psychological, emotional, and sociological effects of various substances on the individual, those close to the individual, and society at-large.

Fall 2013-
Spring 2014 **Instructor**, CED 210 Career and Life Planning (undergraduate level), The University of North Carolina at Greensboro:
Taught a classroom of undergraduate students (ranging from 8 to 18 students) on topics meant to assist in self-exploration to equip students in choosing and pursuing a fulfilling career. Topics included career development, decision-making, self-exploration in career decision-making, occupational awareness, multicultural and disability issues related to career, contingency planning, career transition and practical techniques for job seeking (resumes, cover letters, interviewing skills).

INVITED GUEST LECTURES

Fall 2014/2015 **Guest Instructor**, CED 669: Career Development and Career Counseling, The University of North Carolina at Greensboro:
Co-taught a Master's level career counseling class focusing on specific considerations when providing counseling services to individuals with disability. Utilized lecture and experiential activities to increase student awareness and empathy for the experience of individuals with disabilities and provided implications regarding the legal rights of clients presenting with disabilities.

Fall 2014 **Lecturer**, The Institute to Promote Athlete Health and Wellness, The University of North Carolina at Greensboro:
Invited to co-conduct a webinar discussing the unique concerns of working with the student-athlete population (including opportunities and challenges) and to advocate for a stronger counseling presence in working with this specific population.

- Fall 2014 **Guest Instructor**, CED 620: Counseling Theories, The University of North Carolina at Greensboro:
Guest instructed a course following a flipped classroom model. Created and narrated an online presentation describing Adlerian theory for the first semester Master's student's theory class and facilitated in-class discussions and activities to assist with practical application and understanding of the theory.
- Fall 2014 **Guest Lecturer**, CED 574C: Stress Management, The University of North Carolina at Greensboro:
Conducted a lecture and discussion about substance abuse, why individuals turn to substances as a coping strategy for stress, and the effects of substances that lead it to be an unhealthy coping mechanism.
- Fall 2014 **Lecturer**, Athletic Department, Wake Forest University:
Invited to provide an interactive and educational lecture to first-year student-athletes at Wake Forest regarding motivations, consequences, and effects of substance abuse.
- Fall 2012 **Guest Lecturer**, Senior Seminar for the Department of Community and Therapeutic Recreation, The University of North Carolina at Greensboro:
Co-conducted a lecture about substance abuse that expressed prevalence and trends, basic terminology, types of substances and their effects, and treatment options.
- Spring 2009 **Guest Lecturer**, REHB 658: Psychological Aspects of Disability, Bowling Green State University:
Co-conducted a lecture about the chemical composition, recent trends, and negative consequences associated with using Crystal Methamphetamine. presented to Master's students in "Psychological Aspects of Disability" at Bowling Green State University

ADDITIONAL SUPERVISION EXPERIENCE:

- Fall 2014 **Internship Supervisor**, CED 680A Counseling Internship, The University of North Carolina at Greensboro:
Provide individual, group, and triadic supervision to four second-year Master's students in their first semester of internship in substance abuse and family community settings. Coordinate with site supervisors. Assist supervisees in practical application of skills, conceptualizations, and theory learned in coursework. Provide a safe space for self-exploration around work with clients. Encourage peer feedback and provide ongoing feedback (verbal, formative, and summative) to foster strengths and facilitate growth in supervisee skills.

Spring 2014, 2015 **Advanced Practicum Supervisor**, CED 679 Advanced Counseling Practicum, The University of North Carolina at Greensboro:
Provided individual and triadic supervision to first-year Master's students completing their advanced practicum requirements in the University clinic. Co-facilitated group supervision with two other supervisors for a group of six first-year Master's students. Utilized the developmental and discrimination models of supervision to assist students in increasing basic helping skills, self-awareness, professional behaviors, and conceptualization skills.

Fall 2013 **Practicum Supervisor**, CED 610/620 Counseling Theories/Helping Skills, The University of North Carolina at Greensboro:
Provided individual supervision to two first semester Master's students completing their initial helping skills practicum role-plays. Supervised basic skills, counselor self-awareness, and provided feedback regarding their development as counselors.

Fall 2012 **Practicum Supervisor and Coordinator**, CED 644 Counseling in Community Settings, The University of North Carolina at Greensboro:
Coordinated and supervised practicum experiences for a group of Master's level students. Facilitated students' processing of their first experiences in a community mental health agency in a group setting. Communicated with the professor to assist all supervisors in understanding their role. Graded students' journal reflections regarding their experiences.

Fall 2012 **Practicum Supervisor**, CED 605 Counseling Diverse Populations, The University of North Carolina at Greensboro:
Facilitated a process group with Master's level students involved in the Multicultural Counseling course. Processed students' experiences in class and in their practicum sites. Discussed sensitive issues related to multicultural counseling and assisted students in reflecting on and developing their self-awareness. Graded students' journal reflections related to their experiences in practicum.

Fall 2012 **Practicum Supervisor**, CED 610/620 Counseling Theories/Helping Skills, The University of North Carolina at Greensboro:
Facilitated role plays with first year Master's level students to assist in practicing utilization of helping skills and theory in a counseling setting. Provided feedback related to students' skills, conceptualization, professionalism and progress.

CONSULTATION EXPERIENCE:

May 2015 **Co-Presenter**, Motivational Interviewing in Health Coaching, Greensboro, NC:
Co-led a three-day workshop on introductory Motivational Interviewing skills in the health coaching profession. Utilized didactic and experiential teaching

techniques to provide introductory level information on MI and to facilitate practice amongst workshop attendees.

- February 2014 **Presenter/Participant**, Big Sky Sport Psychology Retreat, Big Sky, MT:
Invited to participate in an invitational only yearly retreat for individuals who provide clinical services to student-athletes at the collegiate level. Consulted on ethical case presentations related from a counseling perspective, sought consultation on experience working with UNCG softball team, educated participants about the research and mission of the Institute to Promote Athlete Health and Wellness at UNCG, engaged in networking opportunities to advocate for specialized training in mental health clinical services to athletes from a counseling perspective.
- January 2014 **Training Assistant**, Motivational Interviewing Training Seminar, The University of North Carolina at Greensboro, Greensboro, NC:
Assisted a MINT-trained faculty in providing a Motivational Interviewing training workshop to faculty and staff of the UNCG public health department. Assisted in educating about Motivational Interviewing concepts and facilitating group practice and evaluation of skills.
- November 2013 **Co-Presenter**, Chi Sigma Iota, Alpha Tau Omega Chapter Leadership Retreat, North Carolina A&T State University, Greensboro, NC:
Co-facilitated a 2-hour chapter workshop that encouraged participants to reflect on their understanding, development, and utilization of leadership skills in CSI. Assisted participants in developing an action plan to use leadership to advocate for the organization, University, and community.
- July 2013 **Co-Presenter**, Understanding and Responding to Acute Mental Health Needs, Cone Health System, Greensboro, NC:
Co-facilitated a 4 hour staff workshop focused on understanding mental health concerns (substance use, psychotic disorders, mood disorders, non-suicidal self-injury, and suicidality/homicidality). Workshop was attended by 25 nurses, nurse techs, and hospital administrators from four system hospitals.
- Jan-May 2013 **On-call Clinician**, Nicholas A. Vacc Counseling and Consulting Clinic, Greensboro, NC:
Provided consultation and suicide assessments for Master's level trainees completing their Advanced Practicum requirements.

CLINICAL EXPERIENCE:

- Aug 2013-
May 2015 **Counselor**, The Institute to Promote Athlete Health and Wellness at UNCG, Greensboro, NC:
Provide clinical assessments for student-athletes who violate code of conduct violations (typically related to substance use). Make recommendations regarding the need for ongoing counseling services to

address behavioral concerns, substance abuse, pressures and demands related to the role of being a student-athlete, identity concerns, and general mental health needs. Provide group counseling to teams experiencing conflict as needed.

May-July 2013

Doctoral Intern, Presbyterian Counseling Center, Greensboro, NC:
Performed intake assessment, diagnosis and conducted individual counseling with for clients with a variety of mental health and substance abuse needs. Provided consultation regarding rehabilitation, mental health, and substance abuse needs. **Areas of competence:** anxiety, relationship problems, depression, substance abuse, trauma, career concerns, rehabilitation, codependency, psychotic disorders, social skills, and coping skills.

Aug-Dec 2012

Doctoral Practicum, Nicholas A. Vacc Counsling and Consulting Clinic, Greensboro, NC:
Conducted intakes and provided individual counseling to University and community clients. **Areas of competence:** academic probation, stress, relationships, anger management, trauma history, behavioral problems, and coping skills.

Jan-Jun 2012

Clinical Therapist, Harbor, Toledo, OH:
Conducted assessments and provided individual, family and group counseling to youth and families in the community. **Areas of competence:** substance abuse, trauma, family and relationship issues, depression, anxiety, ADHD, PTSD, social skills, coping skills, feeling identification and expression, behavioral problems and adjustment disorders.

Jan 2011- Jan 2012

Community-Based Therapist, Harbor, Toledo, OH:
Conducted assessments and provided individual, family and group counseling to youth and families in the home, school and community based setting. **Areas of competence:** substance abuse, trauma, family and relationship issues, depression, anxiety, ADHD, PTSD, social skills, coping skills, feeling identification and expression, behavioral problems and adjustment disorders.

July-Nov 2010

Clinical Therapist/Co-Director of Substance Abuse IOP Program, Community and Family Resource Center, Lafayette, IN:
Conducted substance abuse and mental health assessments on adults and adolescents on behalf of the local probation department and Department of Children's Services. Ran an intensive-outpatient counseling program for clients with substance use disorders, led counseling groups for families affected by substance abuse and provided individual counseling. **Areas of competence:** substance abuse, depression, bipolar disorder, anxiety,

trauma, PTSD, relationship issues, parenting, societal reintegration, anger management, codependency, domestic violence, and coping skills.

Jan-May 2010

Counseling Intern, Devlac Hall, Bowling Green, OH:

Observed and co-led inpatient counseling groups for adult females with substance use disorders and their families. **Areas of competence:** substance use, addictions, depression, anxiety, bipolar disorder, trauma, codependency, enabling, family relationships, self-esteem, anger management and coping skills.

July 2009-May 2010

Counseling Intern, Century Health, Findlay, OH:

Conducted mental health and substance abuse assessments and provided individual counseling services to adults. Co-led counseling groups about substance abuse education and relapse prevention. **Areas of competence:** substance abuse, depression, anxiety, bipolar disorder, trauma, PTSD, adjustment disorders, relationship issues, anger management and coping skills.

Jan 2008-April 2009

Behavior Specialist, Children's Resource Center, Bowling Green, OH: Provided behavior management and support in a residential and partial hospitalization setting for children with severe emotional disturbances.

Areas of competence: behavioral problems, social skills, anger management, coping skills, feeling identification and expression, and daily living skills.

SERVICE AND LEADERSHIP:

2013-2015

Student Task Force Representative, American Rehabilitation Counseling Association (ARCA):

Attend board meetings to brainstorm ways of increasing public awareness of rehabilitation counseling and to extend its influence by encouraging members to become more involved, serve as the liaison between current rehabilitation counseling students and the board to offer ideas and opportunities to increase student participation, plan and host the student activities at the annual ACA conference, assist in developing, implementing and increasing participation in the Understand Rehabilitation Counseling project, contribute to the ARCA newsletter.

July-
Sept. 2014

Seasonal Reviewer, National Board for Certified Counselors, Greensboro, NC:

Reviewed renewal applications for Approved Continuing Education Providers to determine eligibility for continued provider status.

2013-2014

Doctoral Student Representative, Chi Sigma Iota, Upsilon Nu Chi Chapter, The University of North Carolina at Greensboro:

Attend general and executive committee meetings to plan and coordinate yearly activities, facilitate doctoral student involvement in the organization, coordinate a series of brown bag lectures to increase doctoral student self-efficacy and understanding of statistical procedures and application.

- Jun 2013 **Planner**, Mental Health Awareness Month, The University of North Carolina at Greensboro, Greensboro, NC:
Assisted in brainstorming, planning and coordinating the annual Mental Health Awareness Month at The University of North Carolina at Greensboro
- 2013-2015 **ACA reviewer**:
Reviewed conference proposals and provided feedback for the 2014 American Counseling Association annual conference
- Spring 2013 **Volunteer**, Asheboro, NC:
Assisted UNCG faculty in conducting informational sessions to Spanish-Speaking parents of local middle and high school students about how to assist students in successful admission to college. Observed sessions and provided feedback to faculty regarding parental reactions, questions, and needs in order to improve the program to provide the most useful and meaningful information possible. (Information sessions were conducted solely in Spanish).
- 2011-2012 **Transitional Oversight Group Leader**, Harbor, Toledo, OH:
Assisted in brainstorming and implementing ideas to better utilize outcome measures within the agency.
- 2008-2009 **Treasurer**, National Rehabilitation Association, Bowling Green State University Chapter

PROFESSIONAL SCHOLARSHIP:

PUBLICATIONS

Refereed

- Hebard, S. P. & **Wachtel, K. A.** (*in progress*). Strengthening college counselor identity in sport to promote student-athlete wellness. *Journal of Counseling and Development*.
- Lewis, T. F., Milroy, J., Wyrick, D., Hebard, S. P. & **Wachtel, K. A.**, (*manuscript submitted for review*). Profiles of binge and non-binge drinking student-athletes: The role of proximal norms, negative expectancies, and selected socio-demographic variables. *Journal of Child and Adolescent Substance Abuse*.
- Cashwell, C. S., Giordano, A. L., Lewis, T. F., **Wachtel, K. A.**, & Bartley, J. L. (2015). Using the PATHOS questionnaire for screening sexual addiction among college students: A preliminary exploration. *Journal of Sexual Addiction and Compulsivity*, 22(2), 154-166.
- Wachtel, K. A.**, Lewis, T. F., & Hebard, S. P. (2015). Understanding substance abuse through an Adlerian theoretical lens: An exploration of Adler's theory as applied to substance

abuse and treatment. *2014 Annual Review of Addictions and Offender Counselors: Best Practices*.

Books and Book Chapters

- Wachtel, K. A.** (chapter under review). Sociological Theory. In *Theory and Practice of Addiction Counseling*. P. Lassiter & J. Culbreth (Eds.). Thousand Oaks, CA: Sage Publishing.
- Gutierrez, D. & **Wachtel, K. A.** (in press). Marital therapy groups. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing.

Newsletters/Blogs

- Wachtel, K. A.** (2015). ACA Student Events Report. *American Rehabilitation Counseling Association Spring 2015 Newsletter*.
- Wachtel, K. A.** (2014). Call for student presentations. *American Rehabilitation Counseling Association, Fall 2014 Newsletter*.
- Wachtel, K. A.** (2014). Student events at ACA re-cap. *American Rehabilitation Counseling Association Spring 2014 Newsletter*.
- Wachtel, K. A.**, (2013). Rehabilitation counseling supervision: Past, present, and future. *The Counseling Research-Practice Blog*. <http://cedresearch-practice.blogspot.com/>.
- Wachtel, K. A.** (2013). ARCA student representative announcement. *American Rehabilitation Counseling Association Fall 2013 Newsletter*.
- Wachtel, K. A.** (2013). ARCA student representative announcement. *American Rehabilitation Counseling Association Spring 2013 Newsletter*.

Training Materials

- Wachtel, K. A.** (in press). Legal and ethical issues in CMHC: What does it mean to be a professional? [Powerpoint slides]. Supplemental instructional material for chapter, Legal and ethical issues in CMHC: What does it mean to be a professional? In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.
- Wachtel, K. A.** (in press). Advocacy and social justice: Changing the system. [Powerpoint slides]. Supplemental instructional material for chapter, Advocacy and social justice: Changing the system. In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.
- Wachtel, K. A.** (in press). Treatment planning in CMHC: We need a plan. [Powerpoint slides]. Supplemental instructional material for chapter, Treatment planning in CMHC: We need a plan. In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.
- Wachtel, K. A.** (in press). Psychiatry and psychopharmacology: Is there a pill for this? [Powerpoint slides]. Supplemental instructional material for chapter, Psychiatry and psychopharmacology: Is there a pill for this? In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.
- Wachtel, K. A.** (in press). Wellness, self-care, and burnout prevention: Staying in it for the long haul. [Powerpoint slides]. Supplemental instructional material for chapter, Wellness, self-care, and burnout prevention: Staying in it for the long haul. In J. S. Young & C. S.

Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.

Wachtel, K. A. (*in press*). The applications of neuroscience to CMHC: It's all in your head. [Powerpoint slides]. Supplemental instructional material for chapter, The applications of neuroscience to CMHC: It's all in your head. In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.

Wachtel, K. A. (*in press*). Emerging models in CMHC. [Powerpoint slides]. Supplemental instructional material for chapter, Emerging models in CMHC. In J. S. Young & C. S. Cashwell, *Clinical mental health counseling: Elements of effective practice*, Boston, MA: Pearson.

Wachtel, K. A. (2013). Instructor's manual for T. F. Lewis, *Substance abuse and addiction treatment: Practical application of counseling theory*, Boston, MA: Pearson.

Wachtel, K. A. (2013). Powerpoint training materials for T. F. Lewis, *Substance abuse and addiction treatment: Practical application of counseling theory*, Boston, MA: Pearson.

PROFESSIONAL PRESENTATIONS

National

Wachtel, K. A. (2015). *Family matters: Bridging the gap between family counseling and substance abuse counseling*. Roundtable presentation to be presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA

Merchant, E. & **Wachtel, K.A.** (2015). *Can I really do this? The importance of research mentorship in the development of doctoral student research self-efficacy*. Educational presentation to be presented at the Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Wachtel, K. A. (2015). *Eating disorders and student-athletes*. Educational presentation presented at the National Association of Intercollegiate Athletics (NAIA) National Convention, Charlotte, NC

Fickling, M. J., McKibben, W. B., & **Wachtel, K. A.** (2014). *Disability in career development: An underrepresented culture*. Educational presentation at the North Central Association for Counselor Education and Supervision Conference, St. Louis, MO

Fickling, M. J., Bartley, J. L., McKibben, W. B., & **Wachtel, K. A.** (2014). *Feminist supervision for social justice: A multicultural approach*. Roundtable presentation at the North Central Association for Counselor Education and Supervision Conference, St. Louis, MO

Wachtel, K. A., Hebard, S. P., & Bartley, J. L. (2014). *There's no "I" in cohort: Fostering cohesive cohorts*. Educational presentation at the Southern Association for Counselor Education and Supervision Conference, Birmingham, AL

McKibben, W. B., Bartley, J. L., Hebard, S. P., Wagener, A., **Wachtel, K. A.**, Cashwell, C. S., Wester, K. L., & Young, J. S. (2013). *Doctoral students as gatekeepers: Opportunities and challenges in developing as a supervisor*. Educational presentation at the Association for Counselor Education and Supervision Conference, Denver, CO

Foreman, T. M. & **Wachtel, K. A.** (2013). *If you give a mooshin a muffin: A doctoral cohort's experience with research mentorship*. Roundtable presentation at the Association for Counselor Education and Supervision Conference, Denver, CO

State

Hebard, S. P., **Wachtel, K. A.**, & McKibben, W. B. (2013). *A cognitive approach to understanding trauma and internal working models of attachment*. Poster presented at the North Carolina Counseling Association Conference, Greensboro, NC

Wachtel, K. A., Bartley, J. L., & McKibben, W. B. (2012). *Changes in diagnosis: The DSM-5 and its Implications for the Counseling Profession*. Poster presented at the Licensed Professional Counselors Association of North Carolina Annual Convention, Greensboro, NC

Local

Wachtel, K. A. (2015). *The power of perception: An exploration of the relationship between perceptions of parenting behaviors and substance abuse in transition-aged youth*. Poster presented at the Graduate Research and Creativity Expo, The University of North Carolina at Greensboro, Greensboro, NC.

Wachtel, K. A. (2014). *Understanding rehabilitation counseling*. Educational presentation presented at the University of North Carolina at Greensboro Chi Sigma Iota Professional Development Workshop, Greensboro, NC.

Bartley, J. L., & **Wachtel, K. A.** (2014). *The prevalence of hypersexuality in college students*. Poster presented at the Counseling and Educational Development department's Board of Advisors meeting, The University of North Carolina at Greensboro, Greensboro, NC.

Bartley, J. L., & **Wachtel, K. A.** (2014). *The prevalence of hypersexuality in college students*. Poster presented at the University of North Carolina at Greensboro School of Education 2014 Research Awards Ceremony, Greensboro, NC.

Wachtel, K. A., & Carr, M. K. (2007). *Differences in perception of continuous and discrete changes in size*. Poster presented at the Bowling Green State University Undergraduate Research Symposium, Bowling Green, OH.

HONORS, AWARDS, FELLOWSHIPS, AND GRANTS:

School of Education Summer Research Grant, UNCG, 2014

For: *The Power of Perception: An Exploration of the Relationship Between Perceptions of Parenting Behaviors and Substance Abuse in Transition-Aged Youth Through an Adlerian Lens*.

Marian Pope Franklin Scholarship, Department of Counseling and Educational Development, UNCG, 2014-2015

School of Education Research Award, UNCG, 2014

For: *The Prevalence of Hypersexuality in College Students*

Kiser Scholarship, Department of Counseling and Educational Development, UNCG, 2012-2015

Graduate Assistant Fellowship, School of Intervention Services, BGSU, 2009-2010

Outstanding Research Award, Bowling Green State University, 2007

For: *Differences in Perception of Continuous and Discrete Changes in Size*

MEMBERSHIPS:

American Counseling Association

International Association of Addictions and Offender Counselors

Association for Counselor Education and Supervision
North Central Association for Counselor Education and Supervision
Southern Association for Counselor Education and Supervision