

CURRICULUM VITA

Lyndon P. Abrams Ph.D., NCC

Associate Professor
Department of Counseling
The University of North Carolina at Charlotte
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Academic Degrees

Texas A&M University-Commerce
Commerce, Texas

Ph.D., Counseling
May 2001

Clemson University
Clemson, South Carolina

M.Ed., Counseling and Guidance
May 1997

Charleston Southern University
Charleston, South Carolina

B.S., Criminal Justice
May 1986

Professional Experience

Associate Professor
August 2007 – Present

University of North Carolina at Charlotte
Department of Counseling

Assistant Professor
August 2001 – May 2007

Teach, supervise and advise masters and doctoral counseling students. Provide service to the university, community, and counseling profession. Conduct research and perform other scholarly activity.

Senior Counselor
August 2000 – August 2001

Texas A&M University-Commerce
University Counseling Center

Provided counseling services, training of student personnel, supervision of master's level students, outreach, and educational services to university community.

Graduate Assistant
January 1998-December 1999

Texas A&M University-Commerce
Department of Counseling

Taught one section of the undergraduate course, the Philosophy of the Helping Relationship. Assisted in teaching/supervising students in three master's level basic skills development courses. Provided individual and group supervision to students in one master's level practicum course.

Graduate Assistant Counselor
September 1998-May 2000

Texas A&M University -Commerce
University Counseling Center

Provided individual counseling, outreach, and educational services to university community.

Counseling Intern
September 1997-August 2000

Department of Counseling
Texas A&M University-Commerce

Completed 300 hours as counseling intern in a child and adolescent unit in a psychiatric hospital. Completed 900 hours as an intern in the Department of Counseling's Community Counseling Center providing individual and marriage and family counseling services.

Unit Coordinator
February 1989 – August 1997

John de la Howe School
McCormick, South Carolina

In a residential treatment facility, provided case management and directed treatment services for two groups of 12 adolescents males, ages 13 – 18, delivering service from placement through post discharge. Supervised direct care staff members.

Group Facilitator
January 1995 - August 1997

State of South Carolina
Department of Juvenile Justice

Facilitated *Conflict Resolution*, and *Choices* (pretrial intervention programs for juvenile offenders), groups as well as *Back in Control* (parenting skills training) groups for parents of juvenile offenders.

Clinical Counselor
May 1987 – February 1989

John de la Howe School
McCormick, South Carolina

Provided direct care services for eight to ten emotionally disabled males. Developed and implemented treatment programs.

Intern Counselor
February 1986 – May 1986

Department of Juvenile Justice
Dorchester, South Carolina

Worked with a group of first time adolescent offenders in a pretrial intervention program. Lectured students on rights and responsibilities under the law. Facilitated trips and guest speakers to reinforce classroom activities.

Recent Teaching and Advising Assignments

Spring, 2013

CSLG 6145 Multicultural Counseling
CSLG 7430 Counseling Practicum

Fall, 2012

CSLG 6100 Counseling Theories
CSLG 8145 Counseling Advanced Multicultural Counseling

Summer 2012

CSLG 6145 Multicultural Counseling
CSLG 6100 Counseling Theories

Fall, 2011

CSLG 7145 Counseling Internship
CSLG 8145 Counseling Advanced Multicultural Counseling

Spring, 2011

CSLG 6145 Multicultural Counseling
CSLG 8435/6 Doctoral Internship

Fall, 2010

CSLG 7145 Counseling Internship
CSLG 8145 Counseling Advanced Multicultural Counseling

Spring 2010

CSLG 6145 Multicultural Counseling

Fall 2009

CSLG 8345 Advanced Multicultural Counseling

Spring 2009

CSLG 6145 Multicultural Counseling

Fall 2008

CSLG 8345 Advanced Multicultural Counseling

Summer 2008

CSLG 6100 Counseling Theories

Spring 2008

CSLG 6145 Multicultural Counseling
CSLG 8345 Doctoral Internship

Fall 2007

CSLG 6100 Counseling Theories
CSLG 8345 Advanced Multicultural Counseling

Summer 2006

CSLG 6100 Counseling Theories
CSLG 6000 Counseling Adolescents

Spring 2006

CSLG 6145 Multicultural Counseling
CSLG 8345 Doctoral Internship

Fall 2005

CSLG 6100 Counseling Theories
CSLG 7430 Counseling Practicum
CSLG 8345 Advanced Multicultural Counseling

Summer 2005

CSLG 6100 Counseling Theories
CSLG 6000 Counseling Children and Adolescents

Spring 2005

CSLG 7645/8645 Cognitive-Behavioral Counseling

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CSLG 6145 Multicultural Counseling

Fall 2004

CSLG 6100 Counseling Theories
CSLG 7430 Counseling Practicum
CSLG 8345 Advanced Multicultural Counseling

Summer 2004

Counseling Theories
Cognitive Behavioral Counseling 8645/7645

Spring, 2004

Counseling Practicum (CSLG 7430)
Counseling Internship (CSLG 7435)
Introduction to Family Counseling (CSLG)

Fall, 2003

Counseling Theories (CSLG 6100)
Advanced Multicultural Counseling (CSLG 8345)
Counseling Internship (CSLG 7435)

Summer, 2003

Counseling Theories (CSLG 6100)
Cognitive-Behavioral Counseling (CSLG 7645/CSLG 8645)

Spring, 2003

Multicultural Counseling (CSLG 6145)
Counseling Practicum (CSLG 7430)
Counseling Internship (CSLG 7435)

Advise 24 Masters Level counseling students

Chaired 5 Doctoral Dissertation Committees

Publications

(* = data-based)

Abrams, L. & Ceballos, P. (2012) Exploring Classism and Internalized Classism. In D. Gibson & D. Sturm. *Counseling Across the Socioeconomic Spectrum*.

*Portwood, S. G., Lambert, R. G., Abrams, L. P., & Nelson, E. B. (2011). An evaluation of the Adults and Children together (ACT) Against Violence Parents Raising Safe Kids Program. *Journal of Primary Prevention, 32*, 147-160.

Abrams, L. & Portwood, S. (2010). Protecting children in their homes: Effective prevention programs and policies. In J. Lampinen & K. Sexton-Radek (Eds.). *Protecting Children from Violence. Evidence-based Interventions*. Psychology Press: New York, NY

* Portwood, S. G. Shears, J. K., Eichelberger, C. N., & Abrams, L. P. (2010). An Institute for Social Capital: Enhancing Community Capacity through Datasharing. *Child Indicators Research, 3*, 261

- * Nassar-McMillan, S., Karvonen, M., Perez, T., & Abrams, L. (2010). Identity development and school climate: The role of the school counselor. *Journal of Humanistic Counseling, Education, and Development*.
- Harris, H. L. & Abrams, L. (2010). Counseling multiracial students. In B. Erford (2nd Eds), *Professional School Counselor's Handbook*. CAPS Press: Austin, TX.
- Abrams, L. (2008). Three for the road: Clinical and administrative supervision. In L. Tyson, J. Culbreath & J. A. Harrington's *Critical Incidents in Supervision*. American Counseling Association: Alexandria, VA.
- Gehrig, G.B., Abrams, L., Bosley, D., Conrad, J., & Kuyath, S. (2007). Addressing the demand for Engineers by teaching engineering to counselors and teachers. Paper presented at the Meeting the Growing Demand for Engineers and their Educators 2010-2020 International Summit, 2007 IEEE.
- Gehrig, G.B., Abrams, L., Bosley, D., Conrad, J., & Kuyath, S. (2007). Addressing the demand for Engineers by teaching engineering to counselors and teachers. Paper presented at the Meeting the Growing Demand for Engineers and their Educators 2010-2020 International Summit, 2007 IEEE.
- *Abrams, L., Post, P., Algozzine, B. Miller, T., Ryan, S., Gomory, T., & Cooper, J. (2006). Clinical experiences of play therapists: Does race/ethnicity matter? *International Journal of Play Therapy*, 15, 11-34.
- McKinney, S. E., Flenner, C., Frazier, W., & Abrams, L. (2006). Responding to the needs of at-risk students in poverty. *Essays in Education*, 17.
- Salazar, C., & Abrams, L. (2005). Conceptualizing identity development in members of marginalized groups. *Journal of Professional Counseling: Practice, Theory, and Research*. 33, 47-59.
- * Abrams, L. & Trusty, J. (2004). African Americans' racial identity and socially desirable responding: An empirical model. *Journal of Counseling and Development* 82, 365-374.
- Ng, K. M., Abrams, L., & Nassar-McMillan, S. (2002). Rank the job: A values clarification exercise on occupational prestige. In C. Minor & M. Pope (Eds.), *Experiential activities for teaching career counseling classes and facilitating career groups*, vol. II. National Career Development Association.

Dissertations Chaired

- Erby, Adrienne (2014). *A composite model of heterosexual identity, self-deception, and lesbian, gay, and bisexual (LGB) counseling competence: A mediation model*.
- Linn, Joanna (2011). *An examination of the relationship of the latent constructs of empathy to compassion satisfaction and compassion fatigue in nurses*.
- Graham, David M. (2009). *Examining the relationship between selected variables and the academic achievement of African American high school students*.

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Weis, Melanie (2009). *A phenomenological investigation of licensed professional counselors' perspectives of clinical intuition.*

Ritchie, Laura (2008). *Disclosure of Sexual Orientation by Adult Children to their Family-of-Origin: Effects upon Quality of Family Relationship*

Scarboro, Barbara. (2004). *Perceptions of school counselors regarding their roles with and preparedness to provide counseling as a related service for students with behavioral emotional disabilities.*

Presentations

(# = refereed)

National Level

Lassiter, P. & Abrams, L. (2011). Paper Presented at the Association for Counselor Education and Supervision Conference, San Diego, California.

#Abrams, L. (2008). Keeping Children safe in their homes. A presentation at the 2008 National Conference of the American Psychological Society Chicago, Illinois.

Abrams, L. (2006, April). *Supporting Counselors and teachers toward increasing diversity in information technology.* Paper presented at the American Counseling Association Annual World Conference, Montreal, Canada.

Weirzalis, E., & Abrams, L. (2003, September). *The effect of active versus passive learning on multicultural counseling competencies.* Paper presented at the American Counseling Association Annual World Conference, Kansas City, Missouri.

Abrams, L., & Salazar, C. (2002, March). *Conceptualizing identity development in members of marginalized groups.* Paper presented at the American Counseling Association Annual Conference, New Orleans, Louisiana.

Regional Level

Weirzalis, E., & Abrams, L. (2003, September). *The effect of active versus passive learning on multicultural counseling competencies.* Paper presented at the Southern Association for Counselor Education and Supervision, Chattanooga, Tennessee.

State Level

Abrams, L. (2004). *Working with young people who present challenging behaviors.* Presentation to the 2004 North Carolina Counseling Association's State Conference

Abrams, L. (2003). *School social work with diverse clients.* Presentation to the North Carolina Association of School Social Workers.

Abrams, L. (2003, February). Working with children and adolescents who present resistant behaviors in the counseling setting. Paper presented to the North Carolina Counseling Association's state conference.

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Henriksen, R., & Abrams, L. (2000, February). *Issues in cross-cultural supervision*. Poster presented at the Texas Association of Counselor Educators and Supervisors, Salado, Texas.

Trusty, J., & Abrams, L. (1999, November). *More techniques and skills for working with adolescents who are challenging*. Paper presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, Texas.

Abrams, L., & Trusty, J. (1998, November). *Working with middle- and high-school students who are—at first—resistant and difficult*. Paper presented at the Texas Counseling Association Professional Growth Conference, Amarillo, Texas.

Local Level

Abrams, L. (2009). High Expectations! A keynote address at the UNC-Charlotte Annual College of Education Alumni Day.

Abrams, L. (2009). Supporting young people through encouraging high expectations. Keynote address at the 2009 UNC-Charlotte Professional Development School Conference, Charlotte NC

Abrams, L. (2006). *Developing productive relationships with parents*. A keynote address at the A. I. Mose Annual Counseling Conference presented by the South Carolina State University Department of Counseling.

Abrams, L. (2006, May). *Utilizing marginalized identity development as a conceptual tool for students from marginalized groups*. Presentation at the Second UNC-Charlotte Summer Workshop for Faculty to Develop Diversity Curricular Modules.

Abrams, L. (2005 November). *Effective ministry in the age of A.I.D.S. and H.I.V.* A presentation sponsored by R.A.I.N. geared to aid ministry toward non-biased interaction with population who are threatened with the H.I.V. and A.I.D.S.

Abrams, L. (2005, May). *Utilizing marginalized identity development as a conceptual tool for students from marginalized groups*. Presentation at the First UNC-Charlotte Summer Workshop for Faculty to Develop Diversity Curricular Modules.

Abrams, L. (2003, July). *Counseling and advising in a multicultural world*. Presentation at the Diversity in Information Technology Conference of the College of Information Technology, UNC Charlotte.

Abrams, L. (2003, July). *Teaching in a multicultural world*. Presentation to teachers at the Diversity in Information Technology Conference of the College of Information Technology, UNC Charlotte.

Abrams, L. (2003, April). *Racial and ethnic identity in children from marginalized groups*. Paper presented at the Child and Family Development Conference of the Child and Family Development Area of the Department of Counseling Special Education and Child Development, UNC Charlotte.

Abrams, L. (2003). *Racial identity development and academic achievement*. Counseling Program's conference to support local counselors.

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Abrams, L. (2003, March). *Multiculturalism in the workplace*. Presentation to EMS supervisors Seminar presented by the UNC-Charlotte Division of Continuing Education.

Abrams, L. (2002, November) *Working with students who at first display resistant behaviors*. Presentation to educators at the Safe Schools and Behavior Management Conference UNC Charlotte.

Abrams, L. (2002, April). *Family matters: Integrating systems theory into individual practice*. Presented in association with the Mu Ta Beta Chapter of Chi Sigma Iota and the North Carolina Counseling Association.

Abrams, L. (2000). *Essential skills for working with challenging adolescents*. Presented at the Murphy Day Annual Conference, Texas A&M University-Commerce.

Trusty, J., & Abrams, L. (1999, April). *Skills for working with difficult and aggressive adolescents*. Presented at the Chi Sigma Iota Initiation Banquet, Texas A&M University-Commerce.

Abrams, L. & Trusty, J. (1999, March). *Working with students who are resistant and difficult*. Presented at the Murphy Day Annual Conference, Texas A&M University-Commerce.

Grants and Contracts

Abrams, L., Portwood, S. G., & Parara-Rogers, C. (2009). An outcome evaluation of Seigle Avenue Partners Childrens Defense Fund Freedom Schools. Seigle Avenue Partners (\$ 5,500)

Abrams, L., Portwood, S. G., & Brooks-Nelson, E. (2009) An Evaluation of the CMS Asthma Project. Charlotte-Mecklenburg Schools. (\$ 11,987).

Abrams, L. & Brooks-Nelson, E. (2009). Initial Outcome Evaluation of Parent University. Charlotte Mecklenburg Schools (\$23,709).

Portwood, S., Abrams, L., & Lambert, R. (2007). An outcome evaluation of the act parents raising safe kids program. National Institute of Health/Centers for Disease Control Grant (\$ 596,109)

Abrams, L., Quach, L., & Ng, K. (2007). College of Education Poverty Simulation Project. Chancellor's Diversity Fund. UNC Charlotte (1500.00)

Abrams, L. (2001). *An exploration of the relationship between academic self-concept and racial identity*. Junior Faculty Research Grant, UNC Charlotte (not funded).

Abrams, L. (2002). *An exploration of the relationship between multicultural competence and social desirability*. Junior Faculty Research Grant, UNC Charlotte (not funded).

Dalberg, T., Audette, B., Najarian, Abrams, L., Furr, S., & Hodges, L. (2005). *A proposal to extend the Diversity in Information Technology Initiative*. National Science Foundation ITEST Grant (not funded).

Gerhig, B., Abrams, L., Bosley, D., Conrad, J., Kuyath, S. (2006). *TECT: Teaching engineering to teachers and counselors*. Nation Science Foundation Grant.

Furr, S., Abrams, L., Post, P., & White, R. (2002). *The Cabarrus County elementary school counseling initiative*. Department of Education Competitive School Counseling Grant (not funded).

University Service

2010-Present	Peer Teaching Observer
2008-2011	Counseling Departmental Review Board
2010-Present	UNC-Charlotte Institutional Board
2011-Present	Health Psychology Doctoral Advisory Committee
2010-2011	College of Education Faculty Council/Chair
2009-2010	College of Education Faculty Council/Vice Chair
2006-Present	Co-Chair College of Education Diversity Committee
2006	Center for Math/Science and Technology Education Search Committee
2002-2006	Departmental Representative to Faculty Council
2006	NCATE Report Writer
2005	Department of Counseling Faculty Search Committee
2003	Department of Reading and Elementary Education Search Committee
2003-present	Department of Counseling Doctoral Program Committee
2003	Department of Educational Administration Search Committee
2003-present	College of Education Diversity Committee
2006-2008	Departmental Alternate to Faculty Council
2003-2006	Departmental Representative to Faculty Council
2002-2004	Faculty Library Advisory Committee - Alternate
2003-2005	Faculty Employment Status Committee - Alternate
2003-2005	Educational Outreach Advisory Committee
2003-2004	Chairperson Masters Admission Committee
2002-present	Master's Admission Committee
2002	Counseling Program Area Faculty Search Committee
1999-2000	Student Member of Texas A&M University-Commerce Graduate School Council (voting member elected at-large by university doctoral students)
2000	Student Member Counseling Department Faculty Search Committee, Texas A&M University

Community Service

Member of the Greater Enrichment Board of Directors/Executive Board
Member of the Charlotte Post Foundation Board

Professional/Academic Memberships

American Counseling Association
Association for Counselor Education and Supervision
Association for Multicultural Counseling and Development
International Association of Addiction and Offender Counselors

Southern Association for Counselor Education and Supervision

North Carolina Counseling Association
Association for Counselor Education and Supervision
Past-President (2005-2006)
President (2004-2005)
North Carolina Association for Multicultural Counseling and Development
Editorial Board for NC Perspectives NCCA Journal (2008)

Chi Sigma Iota

Chapter Co-Advisor Mu Ta Beta Chapter (2010-2012)

Awards and Honors

- 2010 The Bonnie E. Cone Distinguished Professorship for Teaching
- 2008 Listed in Who's Who in Black Charlotte 2008
- 2007 Recipient of the Magical Mentor Award from the Mentoring Works Committee, UNC-Charlotte
- 2006 College of Education Award for Excellence in Teaching, University of North Carolina at Charlotte
- 2002 Mary Thomas Burke Faculty Fellowship
- 1999 Truax Scholar, an award selected by Texas A&M University-Commerce, Department of Counseling faculty for the outstanding doctoral student in counseling
- 1998 Doctoral Scholarship, Texas A&M University-Commerce, College of Education